



# Otezla<sup>®</sup>

## SUPPORT PLUS<sup>™</sup>

### Otezla<sup>®</sup> (apremilast) START Form Guide

---

Helpful tips to prevent delays in the prescription-ordering process for your patients

Be sure to fill out the **Otezla START Form for Specialty Pharmacy** and the **HIPAA Authorization to Share Health Information** accurately and completely

**Follow the 4 steps inside to get started**

Questions? Call Otezla SupportPlus<sup>™</sup> at **1-844-4OTEZLA** (1-844-468-3952)  
8AM–8PM ET, Monday–Friday.

Please see Important Safety Information on last page  
and Full Prescribing Information [here](#).



# Completing the Otezla START Form

To help prevent delays in the prescription process of your patients on Otezla® (apremilast), be sure to fill out the **Otezla START Form for Specialty Pharmacy** and the **HIPAA Authorization to Share Health Information** accurately and completely. This guide will help.



## FOUR CHECKS FOR SUCCESS

- 1 Refer to the guide provided**  
We've included detailed tips to help you and your patients complete both forms correctly.
- 2 Double-check for common errors**  
We've highlighted the fields that are most commonly overlooked. These errors lead to delays in processing. Double-checking may help your patients get their treatment as prescribed and reduce the burden on your office staff.
- 3 Make sure you send everything**  
Here's a complete list of what to fax to the specialty pharmacy. (For a list of enhanced support specialty pharmacies, visit the Resources section of OtezlaPro.com):
  - Completed and **signed** Otezla START Form for Specialty Pharmacy
  - Completed and **signed** HIPAA Authorization to Share Health Information
  - Copy of **both** sides of patient's insurance and pharmacy benefit card(s)
  - Any clinical notes helpful in establishing diagnosis. **Or**, if the patient has been taking Otezla, include updated clinical notes about their progress
- 4 Remind your patients they should expect a call**  
Make sure your patients know that Otezla SupportPlus™ or their specialty pharmacy will call to confirm their contact and insurance information—and that call may come from an unfamiliar number. They need to answer to avoid delays in processing.

Please see Important Safety Information on last page and Full Prescribing Information [here](#).



# Guide to the Otezla START Form for Specialty Pharmacy

Here are some tips for filling out an Otezla® (apremilast) START Form for Specialty Pharmacy. Filling out the START Form and HIPAA Authorization Form accurately and completely will help avoid delays in processing. Highlighted areas note fields that are commonly overlooked.

PLEASE DO NOT WRITE IN THE MARGINS - INFORMATION CAN BE MISSED OR CUT OFF

START Form

**Step 1.** Please complete all fields on this form (to prevent delays in processing).

**Step 2.** Fax this form and copies of both sides of insurance and pharmacy benefit cards to the specialty pharmacy (SP) of your choice or to Otezla SupportPlus™.



FAX # \_\_\_\_\_ **Preferred SP NAME** \_\_\_\_\_

For assistance or more information, please visit [otezlapro.com](http://otezlapro.com) or call 1-844-4OTEZLA (1-844-468-3952).

---

Section 1: Patient Information

Name (First, MI, Last) \_\_\_\_\_ Last 4 digits of SS # \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_  Male  Female

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Home phone \_\_\_\_\_ Mobile phone \_\_\_\_\_  OK to leave message

Email address \_\_\_\_\_ Preferred number:  Home  Mobile Preferred time:  Morning  Afternoon  Evening  Telemed Visit

---

Section 2: Insurance Information

Insurance card attached  Pharmacy benefit card attached  Patient has no insurance  Patient has secondary insurance

Primary insurance name \_\_\_\_\_ Policy # \_\_\_\_\_ Group # \_\_\_\_\_ Insurance phone \_\_\_\_\_

Policyholder name (First, MI, Last) \_\_\_\_\_ Pharmacy Benefit Manager (PBM) \_\_\_\_\_ PBM phone \_\_\_\_\_

Rx Member ID \_\_\_\_\_ Rx PCN (if applicable) \_\_\_\_\_ Rx Group ID \_\_\_\_\_ Rx BIN (if applicable) \_\_\_\_\_

If eligible, I would like to enroll in the Otezla Co-pay program.

I understand that co-pay assistance is only available for commercially insured patients and does not apply if I have prescription drug coverage through a federal, state, VA or similar program.

**I have read and agreed to the attached HIPAA Authorization to Share Health Information accompanying this form.**

**Patient/patient representative signature** \_\_\_\_\_ Date (MM/DD/YYYY) \_\_\_\_/\_\_\_\_/\_\_\_\_

(If signed by patient representative, please explain authority to act on behalf of the patient)

---

Section 3: Clinical Information (TO BE COMPLETED BY HEALTHCARE PROVIDER)

**PRIMARY DIAGNOSIS/ ICD-10-CM Code:**

<input type="checkbox"/> L40.50 (Arthropathic psoriasis, unspecified)	<input type="checkbox"/> L40.0 (Psoriasis vulgaris) %BSA Affected _____
<input type="checkbox"/> L40.51 (Distal interphalangeal psoriatic arthropathy)	<input type="checkbox"/> L40.8 (Other psoriasis) %BSA Affected _____
<input type="checkbox"/> L40.52 (Psoriatic arthritis mutilans)	<input type="checkbox"/> L40.9 (Psoriasis, unspecified) %BSA Affected _____
<input type="checkbox"/> L40.53 (Psoriatic spondylitis)	<input type="checkbox"/> M35.2 (Behçet's Disease)
<input type="checkbox"/> L40.59 (Other psoriatic arthropathy)	

**AFFECTED AREA(S) (For PsO ONLY):**  Hands  Arms  Nails  Trunk  Feet  Legs  Scalp  Groin  Other \_\_\_\_\_

**PREVIOUS/CURRENT TREATMENT:**

Medication	Duration/Reason for D/C	Medication	Duration/Reason for D/C
<input type="checkbox"/> Methotrexate	_____	<input type="checkbox"/> Biologics	_____
<input type="checkbox"/> Cyclosporine	_____	<input type="checkbox"/> Topicals	_____
<input type="checkbox"/> Sulfasalazine	_____	<input type="checkbox"/> Other	_____
<input type="checkbox"/> Acitretin	_____		
<input type="checkbox"/> PUVA or UV	_____		
<input type="checkbox"/> Colchicine	_____		

ADDITIONAL MEDICAL JUSTIFICATION \_\_\_\_\_

---

Section 4: Prescription for OTEZLA® (apremilast) FOR ORAL USE (TO BE COMPLETED BY HEALTHCARE PROVIDER)

**1 STEP 1: SELECT TITRATION**

**Starter Pack (Titration) Rx for Otezla**

4-WEEK STARTER PACK\*  
x28 days, 55 tablets, 0 refills

PRESCRIBER PROVIDED PATIENT WITH 2-WEEK STARTER PACK SAMPLE  
x14 days, 27 tablets, 0 refills

Date provided \_\_\_\_/\_\_\_\_/\_\_\_\_

Additional information \_\_\_\_\_

\*Titration Starter Pack Rx is only for patients who did not receive a titration sample during their office visit. The specialty pharmacy will notify the patient via telephone prior to each shipment.

**2 STEP 2: SELECT MAINTENANCE DOSE**

**Maintenance Rx—30 mg of Otezla**

x30 days  x90 days

TWICE DAILY

ONCE DAILY renal dose 30 mg  
(For patients with severe renal impairment)

Refills:  11  Other amount (enter #) \_\_\_\_\_

Special instructions \_\_\_\_\_

**3 STEP 3: SELECT BRIDGE (IF APPLICABLE)**

**Bridge Rx—30 mg of Otezla**

TWICE DAILY  
x14 days, 28 tablets, 12 refills

ONCE DAILY renal dose 30 mg  
x28 days, 28 tablets, 6 refills

\*Bridge Rx is at no cost for eligible commercially insured, or base diagnosed patients only, and is not contingent on purchase requirements of any kind. Bridge Rx is not available to enrollees in Medicare, Medicaid, and other federal and state programs intended to support continuation of prescribed therapy if there is a delay in determining whether commercial prescription coverage is available. In Step 1, please indicate if you provided the patient with the 2-week Starter Pack sample, or if the 4-week Starter Pack needs to be dispensed.

---

Section 5: Prescriber Information (TO BE COMPLETED BY HEALTHCARE PROVIDER)

Name (First, Last) \_\_\_\_\_ Facility name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_ NPI # \_\_\_\_\_ DEA # \_\_\_\_\_ Office contact \_\_\_\_\_

Best time to contact:  Morning  Afternoon

**PREScriber AUTHORIZATION\***

By signing this START Form I certify that I have prescribed Otezla® (apremilast) based on my professional judgment of medical necessity and that I will supervise the patient's medical treatment and authorize the release of medical and/or other patient information relating to Otezla therapy to agents and service providers of Amgen (including but not limited to Covance Specialty Pharmacy and Otezla-dispensing pharmacies) to use and disclose as necessary for fulfillment of the prescription and to furnish any information on this form to the insurer of the above-named patient.

**Prescriber signature (dispense as written)** \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**Supervising physician signature and date (where required)** \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature stamps not acceptable. \*If required by applicable law, please attach copies of all prescriptions on official state prescription forms.

OTEZLA SUPPORTPLUS™ Fax: 1-855-850-2955 | Phone: 1-844-468-3952
**AMGEN®** © 2020 Amgen Inc. All rights reserved. 05/20 US-OTZ-20-0605

PLEASE DO NOT WRITE IN THE MARGINS - INFORMATION CAN BE MISSED OR CUT OFF

Keep a record of the specialty pharmacy to which each form is submitted. Also include this name in Section 2.

P.O. box addresses are not permitted.

If left unchecked, orders may be delayed when information needs to be verified.

In Section 2: All relevant fields must be completed, including patient/patient representative signature and date. Also include copy of insurance and pharmacy benefit cards (both sides).

Be sure to document any previous treatments and reasons for discontinuation.

Additional medical justification can help. Also include/attach all clinical notes.

Either select the option for your patient to receive a 4-week starter pack from their specialty pharmacy or indicate the date a 2-week starter pack was provided by your office. Be sure to include date.

Bridge supply is only available for commercially insured patients.

Must include NPI number.

Signature required. Don't forget to sign and date!

Please see Important Safety Information on last page and Full Prescribing Information [here](#).



# Sample HIPAA Authorization Form

Always make sure that the completed Otezla START Form is accompanied by a signed HIPAA Authorization, like the one below.

## HIPAA Authorization to Share Health Information



Please present this Authorization to the patient/patient representative and obtain the required signature.

By signing this Authorization (**on the signature line in Section 2 on the front of this START Form**),

I authorize my healthcare providers, my health insurance company, and my pharmacy providers to disclose to Amgen and companies working on its behalf (collectively, "Amgen") health information relating to my medical condition, treatment, and insurance coverage so that Amgen may use the information to (1) provide me with treatment support services through Otezla SupportPlus™ and marketing or educational information or materials related to such services; (2) ask me about my experience with or thoughts about Otezla and Otezla SupportPlus™; (3) analyze the usage patterns and the effectiveness of Otezla and Otezla SupportPlus™; (4) help develop new products, services, and programs; (5) conduct Amgen general business and administrative activities, and (6) communicate with me by mail, email, phone, fax, or otherwise about my prescription for Otezla, including through product adherence and refill reminder messages.

I understand that my pharmacy providers may receive remuneration from Amgen for disclosing my health information to Amgen and for using my health information to contact me with communications about Otezla and Otezla SupportPlus™.

I understand that once my health information has been disclosed to Amgen, federal privacy laws may no longer protect the information. However, I understand that Amgen plans to use and disclose the health information it receives pursuant to this

Authorization only for purposes authorized herein or as required by law or regulation.

I understand that I may refuse to sign this Authorization, but that if I do, Otezla SupportPlus™ may not have full access to my prescription status.

I further understand that my treatment, insurance enrollment, and eligibility for insurance benefits are not conditioned upon my signing this Authorization.

I may cancel this Authorization at any time by mailing a letter to Otezla SupportPlus™ at PO BOX 13185, La Jolla, California 92039 or by sending an email to [privacyoffice@amgen.com](mailto:privacyoffice@amgen.com). I understand that if I do cancel this Authorization, that will not invalidate reliance on the Authorization to use or disclose my information before Amgen receives the revocation. This Authorization expires ten [10] years from the date on which I sign it (ie, the date next to my signature on the front of this START Form), unless I cancel the Authorization earlier. I understand that I am entitled to receive a copy of this Authorization after I sign on the front of this START Form.

### **\$0 Co-pay Eligibility**

Certain restrictions apply; eligibility not based on income, must be 18 years or older. This offer is not valid for persons eligible for reimbursement of this product, in whole or in part under Medicaid, Medicare, or similar state or federal programs. Offer not valid for cash-paying patients. People who are not eligible can call **1-844-4OTEZLA** to discuss other financial assistance opportunities.

# Indications and Important Safety Information

## INDICATIONS

Otezla® (apremilast) is indicated for the treatment of adult patients with moderate to severe plaque psoriasis who are candidates for phototherapy or systemic therapy.

Otezla is indicated for the treatment of adult patients with active psoriatic arthritis.

Otezla is indicated for the treatment of adult patients with oral ulcers associated with Behçet's Disease.

## IMPORTANT SAFETY INFORMATION

### Contraindications

- Otezla® (apremilast) is contraindicated in patients with a known hypersensitivity to apremilast or to any of the excipients in the formulation

### Warnings and Precautions

- Diarrhea, Nausea, and Vomiting:** Cases of severe diarrhea, nausea, and vomiting were associated with the use of Otezla. Most events occurred within the first few weeks of treatment. In some cases patients were hospitalized. Patients 65 years of age or older and patients taking medications that can lead to volume depletion or hypotension may be at a higher risk of complications from severe diarrhea, nausea, or vomiting. Monitor patients who are more susceptible to complications of diarrhea or vomiting; advise patients to contact their healthcare provider. Consider Otezla dose reduction or suspension if patients develop severe diarrhea, nausea, or vomiting
- Depression:** Carefully weigh the risks and benefits of treatment with Otezla for patients with a history of depression and/or suicidal thoughts/behavior, or in patients who develop such symptoms while on Otezla. Patients, caregivers, and families should be advised of the need to be alert for the emergence or worsening of depression, suicidal thoughts or other mood changes, and they should contact their healthcare provider if such changes occur
  - Psoriasis:** Treatment with Otezla is associated with an increase in depression. During clinical trials, 1.3% (12/920) of patients reported depression compared to 0.4% (2/506) on placebo. Depression was reported as serious in 0.1% (1/1308) of patients exposed to Otezla, compared to none in placebo-treated patients (0/506). Suicidal behavior was observed in 0.1% (1/1308) of patients on Otezla, compared to 0.2% (1/506) on placebo. One patient treated with Otezla attempted suicide; one patient on placebo committed suicide
  - Psoriatic Arthritis:** Treatment with Otezla is associated with an increase in depression. During clinical trials, 1.0% (10/998) reported depression or depressed mood compared to 0.8% (4/495) treated with placebo. Suicidal ideation and behavior was observed in 0.2% (3/1441) of patients on Otezla, compared to none in placebo-treated patients. Depression was reported as serious in 0.2% (3/1441) of patients exposed to Otezla, compared to none in placebo-treated patients (0/495). Two patients who received placebo committed suicide compared to none on Otezla
  - Behçet's Disease:** Treatment with Otezla is associated with an increase in depression. During the clinical trial, 1% (1/104) reported depression or depressed mood compared to 1% (1/103) treated with placebo. No instances of suicidal ideation or behavior were reported in patients treated with Otezla or treated with placebo

- Weight Decrease:** Monitor body weight regularly; evaluate unexplained or clinically significant weight loss, and consider discontinuation of Otezla
  - Psoriasis:** Body weight loss of 5-10% occurred in 12% (96/784) of patients treated with Otezla and in 5% (19/382) of patients treated with placebo. Body weight loss of  $\geq$ 10% occurred in 2% (16/784) of patients treated with Otezla compared to 1% (3/382) of patients treated with placebo
  - Psoriatic Arthritis:** Body weight loss of 5-10% was reported in 10% (49/497) of patients taking Otezla and in 3.3% (16/495) of patients taking placebo
  - Behçet's Disease:** Body weight loss of  $>$ 5% was reported in 4.9% (5/103) of patients taking Otezla and in 3.9% (4/102) of patients taking placebo
- Drug Interactions:** Apremilast exposure was decreased when Otezla was co-administered with rifampin, a strong CYP450 enzyme inducer; loss of Otezla efficacy may occur. Concomitant use of Otezla with CYP450 enzyme inducers (e.g., rifampin, phenobarbital, carbamazepine, phenytoin) is not recommended

### Adverse Reactions

- Psoriasis:** Adverse reactions reported in  $\geq$ 5% of patients were (Otezla%, placebo%): diarrhea (17, 6), nausea (17, 7), upper respiratory tract infection (9, 6), tension headache (8, 4), and headache (6, 4)
- Psoriatic Arthritis:** Adverse reactions reported in at least 2% of patients taking Otezla, that occurred at a frequency at least 1% higher than that observed in patients taking placebo, for up to 16 weeks (after the initial 5-day titration), were (Otezla%, placebo%): diarrhea (7.7, 1.6); nausea (8.9, 3.1); headache (5.9, 2.2); upper respiratory tract infection (3.9, 1.8); vomiting (3.2, 0.4); nasopharyngitis (2.6, 1.6); upper abdominal pain (2.0, 0.2)
- Behçet's Disease:** Adverse reactions reported in  $\geq$ 5% of patients taking Otezla, that occurred at a frequency at least 1% higher than that observed in patients taking placebo, for up to 12 weeks, were (Otezla%, placebo%): diarrhea (41.3, 20.4); nausea (19.2, 10.7); headache (14.4, 10.7); upper respiratory tract infection (11.5, 4.9); upper abdominal pain (8.7, 1.9); vomiting (8.7, 1.9); back pain (7.7, 5.8); viral upper respiratory tract infection (6.7, 4.9); arthralgia (5.8, 2.9)

### Use in Specific Populations

- Pregnancy:** Otezla has not been studied in pregnant women. Advise pregnant women of the potential risk of fetal loss. Consider pregnancy planning and prevention for females of reproductive potential. There is a pregnancy exposure registry that monitors pregnancy outcomes in women exposed to Otezla during pregnancy. Information about the registry can be obtained by calling 1-877-311-8972 or visiting <https://mothertobaby.org/ongoing-study/otezla/>
- Lactation:** There are no data on the presence of apremilast or its metabolites in human milk, the effects of apremilast on the breastfed infant, or the effects of the drug on milk production. The developmental and health benefits of breastfeeding should be considered along with the mother's clinical need for Otezla and any potential adverse effects on the breastfed child from Otezla or from the underlying maternal condition
- Renal Impairment:** Otezla dosage should be reduced in patients with severe renal impairment (creatinine clearance less than 30 mL/min); for details, see Dosage and Administration, Section 2, in the Full Prescribing Information

Please [click here](#) for Full Prescribing Information.



© 2020 Amgen Inc. All rights reserved.  
05/20 US-OTZ-20-0684

